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OPEN Early signs of architectural and biomechanical failure in isolated myofibers and immortalized myoblasts from desmin-mutant knock-in mice

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In striated muscle, desmin intermediate filaments interlink the contractile myofibrillar apparatus with mitochondria, nuclei, and the sarcolemma. The desmin network's pivotal role in myocytes is evident since mutations in the human desmin gene cause severe myopathies and cardiomyopathies. Here, we investigated skeletal muscle pathology in myofibers and myofibrils isolated from young heteroand homozygous R349P desmin knock-in mice, which carry the orthologue of the most frequent human desmin missense mutation R350P. We demonstrate that mutant desmin alters myofibrillar cytoarchitecture, markedly disrupts the lateral sarcomere lattice and distorts myofibrillar angular axial orientation. Biomechanical assessment revealed a high predisposition to stretch-induced damage in fiber bundles of R349P mice. Notably, Ca²⁺-sensitivity and passive myofibrillar tension were decreased in heterozygous fiber bundles, but increased in homozygous fiber bundles compared to wildtype mice. In a parallel approach, we generated and subsequently subjected immortalized heterozygous R349P desmin knock-in myoblasts to magnetic tweezer experiments that revealed a significantly increased sarcolemmal lateral stiffness. Our data suggest that mutated desmin already markedly impedes myocyte structure and function at pre-symptomatic stages of myofibrillar myopathies.

The intermediate filament (IF) protein desmin is a key component of the three-dimensional, filamentous extra-sarcomeric cytoskeleton, which interlinks neighboring myofibrils at the level of Z-discs and connects the whole myofibrillar apparatus with costameres, intercalated discs, myotendinous and neuromuscular junctions as well as nuclei and mitochondria in striated muscle cells¹⁻⁴. Hence, the desmin network provides prime architectural anchorage for structural and functional lateral alignment of myofibrils. In addition to a putative role in mechanical signaling, desmin filaments may exert important functions in the adaptation of striated muscle fibers

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to mechanical stress generated by their contractile performance and during passive stretch^{5,6}. Desmin's essential role is highlighted by the fact that human desmin gene (DES) mutations (chromosome 2q35) cause myopathies and cardiomyopathies^{7,8}. Desminopathies are classical protagonists of a clinically and genetically diverse group of myofibrillar myopathies; which are morphologically characterized by desmin-positive protein aggregates and myofibrillar degeneration^{9–11}. Clinically, desminopathies are highly variable: onsets range from the first to the eighth life decade and disease manifestations comprise pure myopathy, cardiomyopathy, or both^{12, 13}. The majority of desminopathies is due to heterozygous mutations accounting for autosomal-dominant cases while more rare recessive cases are further subdivided into those with maintained mutant desmin expression^{7, 14–17} and, even more rarely, others with complete lack of desmin^{18–20}. Since human muscle tissue from preclinical disease stages is usually not available, patient-mimicking animal models are needed to study the pathogenesis of desminopathies. We recently engineered and characterized hetero- and homozygous R349P desmin knock-in (Des^{R349P}) mice harboring the orthologue of the most frequently occurring human missense mutation R350P and display age-dependent skeletal muscle weakness and cardiomyopathy²¹.

Here, we used this model for quantitative Second Harmonic Generation (SHG) microscopy with $\sim \mu m^3$ resolution and label-free imaging of sarcomeric myosin in $3D^{22}$. Our combined morphological-biomechanical investigation unveils early, pre-clinical desminopathy disease patterns where mutant desmin disrupts the extra-sarcomeric intermediate filament network, causing aberrant myofibrillar alignment and orientation. These changes provide a structural explanation for compromised force production in symptomatic disease stages in addition to significantly increased stiffness and stretch-induced vulnerability.

Results

The experimental strategy. Our previously generated knock-in mouse strain allowed us to derive myofibers that are hetero- and homozygous for R349P mutant desmin to investigate their structural properties by SHG microscopy (Fig. 1). We performed a detailed quantitation of the myofibrillar cytoarchitecture by extracting two morphometric parameters from the images^{23, 24}: (i) the *cosine angle sum* (CAS), a summed projection of the angular orientations from all myofibrils and (ii), the so-called *vernier density* (VD). CAS serves as a measure for the coherency and structural integrity of the contractile apparatus and allows an estimate for the projected force generation of single muscle fibers (Fig. 1). The VD quantitates out-of-register Y-shaped deviations from the regular parallel striation pattern of adjacent myofibrils that can be automatically detected, counted, and normalized to muscle fiber volume (Fig. 1b). Furthermore, we performed comprehensive measurements of active and passive biomechanical properties in muscle fiber bundles, thin myofibrillar bundles, and in single myoblasts.

Mutant desmin alters the axial myofibrillar lattice arrangement in fast- and slow-twitch muscle fibers of young R349P desmin knock-in mice. Figure 2a shows representative SHG images of a single SOL fiber of each genotype. The images clearly indicate an increase in myofibrillar axial lattice disruption from the het to the hom genotype. This is confirmed in a large number of single fibers from three different muscles (SOL, EDL, IO, details are given in the Methods) (Fig. 2b,c). While fibers from hom Des^{R349P} mice displayed significantly different VD and CAS values compared to wt mice, fibers from het mice showed only minor morphological alterations. These data demonstrate that both the axial lattice organization and the parallel myofibrillar orientation are compromised by the expression of mutant desmin in hom Des^{R349P} mice.

Mutant desmin alters nuclear morphology and density in *soleus* muscle from young Des^{R349P} knock-in mice. The desmin IF network is important for the positioning and anchorage of myonuclei²⁵. In desmin- and DNA-double labeled isolated muscle fibers from hom Des^{R349P} mice, we noted a markedly rounder nuclear shape compared to wt fibers. To study this in depth, nuclei were simultaneously imaged in addition to SHG signals. Figure 3a shows example images from single SOL fibers of each genotype. In contrast to the normal localization and shape of nuclei at the periphery of wt and het fibers, nuclei in hom fibers were more often centrally located, had a decreased nuclear volume (Fig. 3b), displayed a significantly increased sphericity (Fig. 3c), and showed a significantly increased density (Fig. 3d). The latter was also reflected in increased nuclear-myosin ratios, pointing towards a markedly reduced biomotoric efficiency in the Des^{R349P} background, in particular in hom animals (Fig. 3e). Beyond a more central position of myonuclei - a typical morphological sign in a wide variety of myopathies - these data demonstrate that the expression of mutant desmin also inflicts a nuclear pathology.

Mutant desmin is still targeted to Z-discs in *soleus* **single muscle fibers.** Confocal image analysis of isolated SOL muscle fibers from hom mice demonstrated a nearly complete absence of the typical cross-striated desmin staining pattern as well as the presence of small subsarcolemmal protein aggregates (Fig. 4a). To analyze the specific subcellular localization of the mutant desmin within individual muscle fibers in more detail, we used 2-photon (2P)-fluorescence microscopy in single fibers. Using an antibody that detects both the wt and mutant desmin, 2P images show, as expected, the typical cross-striated pattern (wt, het). However, mutant desmin in hom SOL fibers also shows a weak but regular cross-striated staining pattern (Fig. 4b). This strongly indicates that mutant desmin, although unable to polymerize into a functional three-dimensional IF network²⁶, retains its binding capacity to the periphery of myofibrillar Z-discs.

Active biomechanics: altered contractile Ca^{2+} sensitivity and $SR Ca^{2+}$ release induced force in soleus fiber bundles from young Des^{R349P} knock-in mice. To investigate how the altered myofibrillar cytoarchitecture may impact on active muscle force production, we first determined the Ca^{2+} sensitivity of the contractile apparatus of small skinned SOL fiber bundles. Figure 5a shows a representative recording of force responses in different pCa environments with the typical staircase pattern with increasing Ca^{2+} concentrations (i.e. decreasing pCa values). Also shown are the force plateaus and the resulting sigmoidal Hill-fit of the force- Ca^{2+} relation (Fig. 5a). Figure 5b shows corresponding group data for each genotype. Notably, force- Ca^{2+}



Figure 1. Two-photon (2P) microscopy by SHG and desmin 2P immunofluorescence in single fibers from Des^{R349P} mice. (**a**) Optical beam path in 2P imaging of intrinsic myosin-derived SHG signals or 2P-desmin immunofluorescence confined to a tiny excitation volume of about 1 µm³ within the tissue (left part) in comparison to conventional 1P-confocal imaging. Although off-plane emission signals (marked as) are blocked from detection by the pinhole, confocal imaging suffers from Gaussian beam profiles during excitation of the whole z-depth during point-scanning. This gives rise to photo-bleaching and photo-damage while obtaining XYZ stacks in thick samples, like muscle fibers. Also, 1P-imaging requires external labels at all times. In contrast, non-linear 2P-imaging takes advantage of signals from selected intrinsic proteins, such as myosin II in muscle. This allows to minimal-invasively obtain detailed 3D views of sarcomere ultrastructure within XYZ stacks through single fibers. This 3D visualization of myofibrillar geometry is not possible from trans-illumination imaging or in histology sections. Examples from single plane SHG images as well as a 3D rendered XYZ volume from a SOL single fiber of a hom Des^{R349P} mouse are shown (left lower panel) as well as desmin 2P-signals from wt mice. (**b**) Image processing algorithms applied to obtain SHG 3D volumes allow a quantitative morphometry approach using *cosine angle sums* (CAS) and *vernier densities* (VD) as morphological parameters to describe disturbances in muscle architecture as a morphological correlate for muscle weakness.

curves were shifted towards smaller pCa values for heterozygous and towards higher pCa values for homozygous $\text{Des}^{\text{R349P}}$ bundles as compared to the wt. This is consistent with a reduced Ca^{2+} sensitivity (smaller pCa₅₀ value) for het and an increased Ca^{2+} sensitivity (larger pCa₅₀) for hom $\text{Des}^{\text{R349P}}$ fibers. Additionally, hom bundles displayed a highly significant increase in pCa₅₀ values when compared to the other two genotypes (Fig. 5b).

We next assessed caffeine-induced sarcoplasmic (SR) Ca^{2+} -release-mediated force transients and maximum force levels at Ca^{2+} saturating conditions (HA + caff.) Fig. 5c). Maximum force was in the same range in all three genotypes however, force amplitudes of caffeine-induced force transients were significantly increased in the hom compared to het and wt genotypes (Fig. 5c). Thus, the increased sarcoplasmic Ca^{2+} release-induced force in hom SOL fiber bundles can be attributed to a higher Ca^{2+} sensitivity of the contractile apparatus in this genotype. These results provide insight into a mechanism that may balance (or even over-compensate, as shown here)



Figure 2. Morphometric analyses of cytoarchitecture in single muscle fibers from young Des^{R349P} mice using SHG microscopy. (**a**) Representative SHG images from the middle section of a single fiber from a wt ($\text{Des}^{Wt/Wt}$), het ($\text{Des}^{R349P/Wt}$) and hom ($\text{Des}^{R349P/R349P}$) knock-in mouse. Hom muscle fibers show prominent disruptions of the myofibrillar lattice. This is analyzed in detail in (**b**) for the number of *verniers* (*VD*), and in (**c**) for the *cosine angle sums* (CAS). VD and CAS were significantly increased and decreased, respectively, in single fibers from different muscles examined (SOL, EDL, IO) in hom mice. Het mice showed values similar to the wt. (n/m) denotes n fibers from m animals. *p < 0.05, one-way ANOVA with post-hoc Bonferroni-correction. Scale bar: 20 µm.

compromised force production at physiological activation levels (i.e. submaximal Ca^{2+} activation) inflicted by the above described myofibrillar disarray in the early disease stages in homozygous mice.

Passive biomechanics: increased axial stiffness and stretch-induced vulnerability in Des^{R349P} *soleus* muscle fiber bundles. Next, we hypothesized that R349P mutant desmin may also negatively impact on passive biomechanics. To assess the global axial elasticity of small fiber bundles, resting length-tension curves were recorded. Figure 6a shows resting length-tension curve recordings from a wt and a hom Des^{R349P} SOL fiber bundle. Notably, the hom bundle displayed markedly larger restoration forces compared to the wt at equivalent stretch. This effect was statistically significant for all hom bundles. Somewhat larger passive restoration forces were also seen in het fiber bundles (Fig. 6b). Moreover, bundles from both Des^{R349P} genotypes were strikingly more fragile than bundles from wt animals, with nearly 50% of mutant bundles rupturing before reaching 140% L_0 extensions (Fig. 6b). When those ruptured bundles were included in the analysis of the maximum restoration force during stretch before rupture or after reaching 140% L_0 , the restoration force of hom bundles was even further increased compared to wt and het bundles. This indicates a markedly diminished axial compliance (i.e. higher axial elastic stiffness) in the homozygous background that also explains higher fragility upon stretch. Notably, there was also a trend for an increased passive axial stiffness in het vs. wt bundles (Fig. 6b).

Mutant desmin-inflicted changes of visco-elastic behavior: increased stiffness of sarcolemmal components and altered viscosity of sarcomeric elements. To additionally determine the visco-elastic behavior of SOL fiber bundles from Des^{R349P} mice, 'stretch-jump' experiments were performed (sudden stretches at 10% L_0 intervals followed by 5 s holding phase). As shown in Fig. 7a, bundles responded to each stretch step with an instantaneous increase in restoration force F_R , followed by an exponential relaxation with a time constant τ_{relax} to a plateau force. These experiments reflect the kinetics of viscous relaxation of the sarcomeric (e.g. titin), extra-sarcomeric (e.g. IF-network), and membranous components (e.g. caveolins) in response to sudden stretch. The relaxation kinetics was not different among genotypes (Fig. 7a). Instead, the F_R -stretch relationships (Fig. 7a) were much steeper in the Des^{R349P} background, especially in the homozygous knock-in compared to the wt. However, group data for ΔF values suggest a compromised viscoelastic behavior only in the hom but not in the het genotype (Fig. 7b). Nonetheless, both hom and het Des^{R349P} SOL bundles were much more prone



Figure 3. Morphometric analyses of nuclei point towards nuclear pathology in *soleus* fibers from young Des^{R349P} mice. (a) example images from the middle section of a single SOL fiber from a wt, het, and hom Des^{R349P} knock-in mouse showing the SHG (grey) and counterstained nuclear signal (blue). Although the volume per nucleus in fibers from hom animals was not different to wt (b), other morphological parameters were significantly different, e.g. hom fibers showing an increased rounded shape (sphericity) (c), or vastly increased number of nuclei per fiber volume (d), the latter two also compared to het Des^{R349P} mutations. The nuclear-to-myosin volume ratios were also largely increased in the hom Des^{R349P} genotype (e). (c/n/m) depicts (c) cell nuclei in (n) fibers from (m) mice. *p < 0.05, **p < 0.01, one-way ANOVA with Bonferroni-correction. Scale bar: 20 µm.

to stretch-induced rupture, as shown by the Kaplan-Maier curves (Fig. 7c). Although the viscous relaxation force amplitude ΔF of het bundles is only slightly larger than in wt bundles, this might not sufficiently counter-balance their increased F_R and may therefore, explain a similar susceptibility to stretch-induced rupture as in hom bundles (Fig. 6b). Taken together, the dynamic passive biomechanics data in Des^{R349P} SOL bundles also document an increased dynamic stiffness and changes in the viscous relaxation of passive elements, which together with the increased static axial stiffness reported above explains their predisposition to stretch-induced damage.

Axial stiffness of isolated myofibrillar soleus bundles in Des^{R349P} mice. We next determined the passive steady-state tension-sarcomere length and elasticity behavior of sarcomeric elements in subcellular myofibrillar bundles. The few-µm thin myofibrillar bundles prepared from detergent-treated SOL muscle do no longer contain the membranous components of axial visco-elasticity seen in myofiber bundles. Thus, this preparation allows to specifically probe the stiffness of the sarcomeres in conjunction to the desmin network interlinking the myofibrils at the extra-sarcomeric Z-discs. Figure 8a shows superimposed traces of increasing stretch (individual traces from 8% to 80% of L_0) in a representative wt, het, and hom myofibrillar bundle (left panels) alongside with the steady-state passive tension-sarcomere length relationship (right panels). The individual recordings suggest a



Figure 4. Desmin subcellular localization patterns in single fibers from *soleus* muscle of young Des^{R349P} mice. (a) Confocal images taken from single SOL muscle fibers from 3-month-old wt and hom Des^{R349P} mice. Note the vast reduction of regular cross-striated pattern and rounding of myonuclei in the hom fiber. (b) 2P-desminfluorescence in single muscle fibers from 5-month-old wt, het, and hom Des^{R349P} mice. Note that these latter desmin signals originate from a focal excitation volume about 1 µm in thickness, which corresponds to the scale of a single myofibril. While no apparent differences could be detected between wt and het fibers, the signal intensity in hom fibers was markedly reduced. However, the mutant desmin is still detectable in a cross-striated pattern indicating that its binding to the periphery of myofibrillar z-discs is still, at least in part, preserved.

steeper curve for hom myofibrillar bundles, an observation that was confirmed in several bundles. For het myofibrillar bundles, the steady-state tension-sarcomere length relationship is shifted downwards to lower tensions. Group data (Fig. 8b) show a somewhat larger passive tension of hom myofibrillar bundles at a given sarcomere length as compared to the wt, although this was not statistically significant. Het myofibrillar bundles, however, showed a lower passive force as compared to both wt and hom bundles, which was highly significant, in particular for lower extensions. Thus, passive tension of myofibrillar bundles was oppositely affected in het and hom mice, similarly as was observed for the Ca²⁺-sensitivity of force generation in the fiber bundles. Slack sarcomere lengths (Fig. 8c), cross-sectional area (Fig. 8d), and passive tension at a particular myofibrillar length of 140% of L_0 (Fig. 8e) were not significantly different among the three genotypes. This indicates that in contrast to the multicellular preparation, which still includes the effect of membranous and some extracellular matrix components, the axial stiffness of sarcomeres probed in the myofibrillar bundles is not substantially increased in hom Des^{R349P} myofibrillar bundles (reflecting the subcellular level). Moreover, the axial stiffness even seems decreased in the heterozygous myofibrillar bundles, corroborating that the increased restoring forces observed in multicellular preparations may result from predominant stiffening of probably membrane-associated cytoskeletal components.

Lateral stiffness of the membrane complex in Des^{R349P} myoblasts: increased in heterozygous but unaltered in homozygous cells. The desmin cytoskeleton provides a crucial mechanical link from the Z-disc of the myofibrillar apparatus via costameres to the extra-sarcomeric cytoskeleton. Thus, it also contributes importantly to the lateral biomechanical properties of muscle cells, e.g. lateral stiffness. To measure lateral stiffness directly, we performed magnetic tweezer micro-rheology in immortalized R349P desmin-knock-in muscle cell cultures. We applied forces of 10 nN for 3 s to fibronectin-coated superparamagnetic beads attached to integrin receptors on the surface of myoblasts (Fig. 9a). The bead displacement (d) after a step increase of the force (F) followed a power law with time (t) as described by ref. 27. The cell's lateral compliance J_0 , which is inversely proportional to its stiffness, was determined from the creep response J(t) of the cells by fitting the displacement with

the typical power law response $J(t) = \frac{J_0}{F} \cdot \left(\frac{t}{t_0}\right)^D$, where $t_0 = 1s$. Only beads which remained attached to the cell during the whole force application were evaluated. The lateral compliance J_0 was significantly decreased in het R349P desmin myoblasts as compared to the wt and hom genotype (Fig. 9b). The value β , which is a measure of the cells' visco-elastic behavior, remained similar for all cell lines (Fig. 9b). Moreover, the decreased number of detached beads of het and hom R349P desmin myoblasts compared to wt reflects an increased binding strength between fibronectin-coated beads and cytoskeleton-linked adhesion complexes (Fig. 9c). Thus, these data demonstrate that het Des^{R349P} myoblasts are less compliant and are therefore, less deformable than hom and wt cells.

Discussion

We used a high-resolution microscopy and multilevel biomechanical approach to analyze early disease stages of autosomal-dominant and recessive desminopathies in muscle fiber and myofibrillar bundles, and myoblasts from



Figure 5. Active force biomechanics in small fiber bundles from *soleus* muscles of young Des^{R349P} mice. (**a**) Representative example recordings of force in a small SOL fiber bundle from a young het Des^{R349P} knock-in mouse with increasing Ca^{2+} concentrations (decreasing pCa) in the bath. The right panel shows the analysis of steady-state force at a given pCa along with the sigmoidal Hill fit to the data. (**b**) Group data from a number of bundles from wt and het and hom Des^{R349P} mice showing a substantial shift in het mice towards lower Ca^{2+} -sensitivity, but a shift towards higher Ca^{2+} -sensitivity in the hom mice, also reflected by a significantly larger pCa₅₀ value in the latter. (**c**) Example recording from a small SOL fiber bundle from a young hom Des^{R349P} knock-in mouse showing a caffeine-induced force transient followed by maximum force at Ca^{2+} -saturated condition (high activating Ca^{2+} and caffeine solution). Maximum absolute forces at saturating Ca^{2+} concentrations are similar in all three genotypes (middle panel) but caffeine-induced force transients are much larger in the hom over het and wt mice (right panel).

 Des^{R349P} knock-in mice. As new findings of our study, we describe vastly altered myofibrillar and nuclear cytoarchitecture, increased axial elastic steady-state stiffness (from resting-length tension curves) and differentially altered Ca^{2+} -sensitivity of the contractile apparatus (increased in mice carrying two mutated alleles, decreased in heterozygous animals) at early stages of R349P desminopathy.

Altered cytoarchitecture revealed by multiphoton quantitative morphometry in early desminopathy. Our SHG microscopy analyses of young R349P desmin knock-in mice demonstrated marked myofibrillar lattice disruptions (seen in *vernier* densities) and angular disorder of myofibrillar orientation (quantified as *cosine angle sums*) in various muscles from hom mice. Though addressed by classical light and electron microscopic approaches, similar disruptions of the myofibrillar organization have previously been detected, but not quantitated in the context of human desminopathies and desmin knockout mice^{5, 28-30}. Notably, slow-twitch SOL muscles were more severely affected compared to fast-twitch muscles, like IO and EDL. This is in line with increased disease susceptibility of slow-twitch muscles²¹. However, in R349P desmin knock-in mice, we did not observe fiber branching and splitting, which was reported for *flexor digitorum brevis* muscle of 8–12 month old desmin knockout mice³¹. Our combined SHG/2-photon microscopy approach further shows that the homozygous expression of mutant desmin impacts on the number/density, shape, and volume of nuclei in



Figure 6. Passive resting length-tension curves in fiber bundles from young Des^{R349P} mice reveal reduced axial compliance. (a) Representative resting length-tension curves from slow quasi-static elongation experiments in a SOL bundle from a young wt and hom Des^{R349P} mouse. Bundles were stretched from L₀ to 140% L₀ and restoration force was recorded continuously. Some fiber bundles already ruptured before reaching the 140% L₀ mark, in particular those with a Des^{R349P} genetic background. (b) Passive restoration force at 140% L₀ is markedly increased in bundles from Des^{R349P} mice (significant for hom, left panel). A large fraction of Des^{R349P} carrying bundles ruptured before reaching the 140% L₀ mark (middle panel) and when merging all maximum passive restoration forces from intact bundles at 140% L₀ and bundles that ruptured before 140% L₀ (force just before rupture point), the restoration force is even more increased in hom Des^{R349P} bundles, arguing for an even more diminished axial compliance in hom < het < wt bundles.



Figure 7. Visco-elastic properties of small fiber bundles from *soleus* muscles of young Des^{R349P} knock-in mice. (a) Representative example recordings of passive force during fast length-extension jumps in 10% of L_0 intervals. Fiber bundles were acutely stretched and kept at that length for 5 s before proceeding to the next 10% stretch (range: $10-60\% L_0$). Force responses at each step consist of an instantaneous restoration force (F_R) followed by a relaxation phase during which force declined to a plateau. The F_R values, time constants during exponential force relaxation (τ_{relax}) and ΔF during relaxation were analyzed. F_R -length relations are much steeper in the Des^{R349P} mutated preparations over the wt and are steeper for the hom over the het mutation (right panel in (a): solid line refers to mean exponential further reconstructed from the mean parameters of each individual curve fit; dashed line refers to exponential fit through the mean data). (b) $\Delta F - \Delta L$ relationships showing the mean relaxation data for each genotype. Those indicate a more reduced relaxation in the hom genotype than in the wt. (c) Maier-Kaplan curves showing the percentage of still intact bundles at a given stretch jump.



Figure 8. Passive mechanical properties of myofibrillar bundles from *soleus* muscles of young Des^{R349P} knock-in mice. (a) Exemplary traces of myofibrillar bundles stretched under relaxing conditions (pCa 8) at constant speed for 1 s from 8 to 180% of L₀. (b) Mean data \pm SEM of actual sarcomere lengths and passive tension, i.e. passive force normalized to the cross-sectional area of the myofibrillar bundle (F_{pass}/CSA), from 16 bundles of wt, 8 bundles of het and 17 bundles of hom Des^{R349P} mice. The averaged group data for each genotype is fitted to a worm-like chain model of entropic elasticity (solid lines). No significant difference between bundles from hom and wt mice was found while bundles from het mice had significantly lower passive tension at moderate stretch compared to bundles from hom mice. *p < 0.05, **p < 0.01, and ***p < 0.01, indicated by Student's t-test. At low stretch amplitude, bundles from het mice exhibited slightly lower tension at 140% L₀ of the myofibrillar bundles were not different among the three different genotypes (ANOVA).

skeletal muscle fibers. Morphological evidence of nuclear pathology (central nuclei) in desminopathies has been described before^{19, 21, 28}. However, the functional consequences on nuclear signaling, transcription, nuclear pore size, and substrate exchange are still unknown. The increased number of nuclei per volume and nuclear shape changes may point towards an increased demand for nuclear/transcriptional activity^{32–34}, reflected by a deduced lower 'biomotoric efficiency' in hom fibers, which may be a mechanism to compensate for a faster breakdown of muscle proteins. An increase in the number of nuclei would fit into the previously reported finding that mutant desmin induces an increased turnover of desmin protein species and other key proteins of the extra-sarcomeric cytoskeleton²¹.

The myofibrillar lattice disruptions and nuclear pathology in hom R349P desmin knock-in mice, and the lack of these changes in het mice, need to be discussed in relation to the known faulty assembly properties of the R349P desmin mutant. Transfection and *in vitro* assembly studies demonstrated that R349P/R350P mutation aborts the normal desmin filament assembly process at an early stage²⁶. As a consequence, the mutant desmin in hom mice is not capable to form a functional *de novo* desmin network²⁶, and the mutant protein is sequestered into sarcoplasmic protein aggregates²¹. Thus, the inability of the mutant desmin to build a functional filament network is likely to account for the striking lattice disruptions and aberrant orientation of the myofibrillar apparatus as well as the changes in nuclear morphology. Since het mice express a mixture of wt and mutant R349P desmin, the situation is far more complex. Using various mixtures of recombinant wt and mutant desmin, we demonstrated in a previous study that the presence of 25% of the mutant desmin effectively aborted the normal polymerization process²⁶. Given the multi-nuclear nature of skeletal muscle fibers, disruptions of the desmin network in heterozygous patients and mice are likely to occur only in subcellular areas, in which the amount of mutant desmin may exceed the critical threshold of 25%. Focal enrichment of mutant desmin may interfere with the binding of wt desmin to its myofibrillar interaction partners and lead to disturbances of the desmin network formed by the wt protein.



Figure 9. Lateral passive biomechanics properties from myoblasts derived from wt, het, and hom DesR349P mice. (a) Schematics of the magnetic tweezer experiments applying a constant magnetically-induced force of 10 nN for 3 s to myoblasts into which magnetic fibronectin-coated micro-beads had been coated to the membrane focal adhesion complexes. Shown are mean displacement curves during the 'force on' and 'force off' phase from which the stiffness and visco-elastic behavior were extracted. (b) Lateral compliance values (median values due to log-normal distribution) of the membrane and near-membrane cytoskeleton complex in 147 wt, 117 het, and 128 hom myoblasts as well as the visco-elastic parameter ß (mean values). (c) Percentage of detached beads during the 'force-on' phase.

Increased axial elastic stiffness and increased myofibrillar Ca²⁺-sensitivity in early homozygous **desminopathy.** Elasticity is a key biophysical property of desmin intermediate filaments. An analysis of the tensile properties of single desmin filaments demonstrated that they can be mechanically stretched up to 3.4-fold of their initial lengths and become more visco-elastic in response to mechanical extension⁶. These nonlinear tensile properties of desmin IFs are thought to exert a pivotal role in storing and dissipating mechanical energy during muscle contraction. Our biomechanical analysis of early disease stages in het and hom R349P mice revealed identical levels of maximum force production in small fiber bundles under Ca²⁺ saturating conditions as in wt littermates. However, while het mice displayed a reduced contractile Ca²⁺-sensitivity, hom animals unexpectedly exhibited an increased Ca²⁺-sensitivity. Notably, SOL fiber bundles from hom mice, which showed marked changes in the myofibrillar cytoarchitecture as seen in SHG images, also generated increased force amplitudes in caffeine-induced force transients. The latter finding, which can likely be attributed to this higher Ca²⁺-sensitivity of the contractile apparatus, points towards a mechanism that even over-compensates the projected decline in active force production due to the altered myofibrillar architecture.

The Ca^{2+} -sensitivity of skeletal muscle is generally thought to be dependent on the phosphorylation status of myofibrillar proteins^{35, 36}, as well as the relative fraction of slow- and fast-type myosin heavy chain (MHC) isoforms. Since normal SOL muscle mostly contains slow-twitch MHC isoform type I (MHC I) and fast-twitch MHC type IIA isoforms³⁷, it is possible that the genotype-dependent changes in myofibrillar Ca²⁺-sensitivity may be related to a switch in the overall fiber type composition in this particular muscle or, alternatively, the phosphorylation status of the myosin light chains³⁸⁻⁴⁰. Notably, we found a shift in MHC I proportions in homogenates from soleus muscle towards a higher percentage in homozygous Des^{R349P} mice (~65%) over wt (~45%) and heterozygous (~40%) mice in preliminary SDS PAGE analyses (data not shown). This provides one possible explana-tion for the higher Ca^{2+} -sensitivity and thus, higher force levels in hom Des^{R349P} soleus muscle in our study, since other studies that used simultaneous assessment of myofibrillar Ca^{2+} -sensitivity and MHC isoform fiber typing established a higher Ca²⁺-sensitivity in rodent MHC I fibers over MHC II fibers³⁸. The genotype-specific changes of Ca²⁺-sensitivity seen in fibers, i.e. the increased sensitivity of hom compared to wt and decreased sensitivity of het compared to wt fibers, are mirrored by similar genotype-specific changes in passive myofibrillar tension, which was lowest for het and highest for hom bundles. This coincidence corroborates the idea that desminopathies cause adaptational mechanisms that alter the biomechanical properties of the sarcomeres, in particular in the relaxed and submaximally activated muscle. Our findings do not rule out additional impact on myosin light chain phosphorylation status, an issue that will be addressed in future studies.

Other key findings of our study were an increase in the overall axial stiffness and an enhanced stretch-induced vulnerability. Although this overall finding has been already concluded from our previous study²¹, that earlier study only used fast stretch 'jump' protocols to assess visco-elastic behavior in a few fiber bundles to determine increased susceptibility to stretch-induced axial rupture in hom bundles at 140% L₀ stretch amplitudes. The present study corroborates on this in a larger number of bundles but also provides new insights into steady-state compliance being vastly reduced in hom bundles as seen in larger steepness of the steady-state resting length-tension curves (Fig. 6). Though axial stiffness was more pronounced in hom fibers, it is noteworthy that a large portion of fiber bundles from both hom and het mice ruptured before they reached 140% stretch relative to the resting length L_0 . An increased stiffness was also seen in stretch jump experiments on fiber bundles as well as myofibrillar preparations. In the latter, however, the effect was less prominent, with a tendency towards larger stiffness of hom myofibrils. Notably, increased stiffness of SOL muscle fibers was also reported in desmin knockout mice⁴¹. These data demonstrate that any derangement of the extra-sarcomeric desmin cytoskeleton results in an increased axial muscle stiffness to render muscle more vulnerable to mechanical stress.

Increased lateral sarcolemmal stiffness in undifferentiated mutant R349P desmin carrying myoblasts. Since the desmin cytoskeleton also provides lateral myofibrillar stability³, we studied the impact of mutant desmin on the lateral stiffness in immortalized R349P desmin knock-in muscle cells via magnetic tweezer microrheology. These studies demonstrated an increased stiffness in heterozygous myoblasts, indicating a reduced deformability compared to immortalized wt myoblasts. The latter findings mirror previous results in cultured primary myoblasts from a patient with a het R350P desmin mutation²⁷. The analysis of hom immortalized R349P desmin-knock-in myoblasts, however, revealed lateral compliance levels that were in the same range as in wt cells. Thus, increased lateral sarcolemmal stiffness in undifferentiated myoblasts seems to be restricted to a genetic situation in which mutant R349P desmin is co-expressed with wt desmin. Further studies are required to resolve the molecular mechanisms of differential affection of axial vs. lateral stiffness in R349P carrying muscle preparations.

Clinical relevance and limitations of the mouse model. Both het and hom knock-in animals develop dilated cardiomyopathy, conduction defects, and cardiac arrhythmias. However, significant skeletal muscle weakness was only seen in hom mice aged 19 months or older but not in het animals²¹. This is in contrast to the clinical picture in human desminopathies, where progressive muscle weakness usually develops in the second to the forth decade of life for dominant, and in first to the second decades for recessive mutations¹². When reflecting the overall clinical and myopathological similarities as well as discrepancies between our het and hom R349P desmin knock-in models and human desminopathy patients, homozygous R349P desmin knock-in mice, which serve as a model for autosomal-recessive desminopathies, share more commonalities with the human pathology than their heterozygous littermates. However, since het R349P desmin knock-in mice express nearly the same ratio of mutant to wt desmin protein as human heterozygous R350P desminopathy patients²¹, the lack of skeletal muscle weakness in het mice points towards additional factors needed for developing a muscle pathology. With regard to the latter issue, it is noteworthy that heterozygous W2711X filamin C knock-in mice, a patient-mimicking mouse model for filamin C-related myofibrillar myopathy, showed a markedly increased extent of myofiber pathology in response to acute high-intensity exercise⁴². As a result, the late onset or lack of skeletal muscle weakness in R349P desmin knock-in mice may primarily be related to the limited physical activity of these laboratory animals kept in a sedentary condition. Since human tissue at preclinical stages is usually not available, in this study, we focused on muscle preparations from young het and hom Des^{R349P} mice to explore early pathophysiological aspects of altered structure-function relationships that could explain the developing muscle weakness preceding the clinical weakness in desminopathies.

Summary and outlook. In summary, our high-resolution microscopy and biomechanical study in R349P desmin knock-in mice unveils a multiplicity of novel, mutant desmin-induced cellular effects in early stages of autosomal-dominant and -recessive desminopathies^{10, 13}. The primary pathophysiological denominator is the mutant desmin-induced pathology of the extra-sarcomeric cytoskeleton, which subsequently (i) impacts on axial and lateral orientation of myofibrils, (ii) number and morphology of myonuclei, (iii) axial stiffness of muscle fibers, predominately in slow-twitch muscle, and (iv) vulnerability of muscle fibers in response to mechanical stress. Our new data strongly argues against the hypothesis that these widespread alterations are simply the consequence of the presence of sarcoplasmic protein aggregates. The present delineation of morphological and biomechanical parameters defining the early disease changes is an important basis for future studies addressing the influence of physical exercise as well as pharmacological interventions.

Methods

R349P desmin knock-in (DesR349P) mice. To study early disease stages, we used 17–23 weeks old adult heterozygous (hereafter termed het) and homozygous (hereafter termed hom) R349P desmin knock-in mice (B6J.129Sv-Destm1.1Ccrs; synonym, B6J.129Sv-Destm1(R349P)Cscl&Rfsr²¹. All animal related work was performed in accordance with the German Animal Welfare Act (Tierschutzgesetz) as well as the German Regulation for the protection of animals used for experimental purposes or other scientific purposes (Tierschutz-Versuchstierordnung). Investigations were approved by the governmental Office for Animal Care and Use (Regierung von Mittelfranken, Ansbach, Germany; ref. TS-14/2015). Details can be found the Supporting Information (SI).

Generation of Des^{R349P} immortalized skeletal muscle cell cultures. Myoblasts were isolated according to a modified protocol^{43, 44}. Details are given in the SI.

Muscle fiber, small fiber bundle, myofibrillar bundle and myocyte preparations. After inhalation anesthesia with isoflurane, mice were killed by cervical dislocation and the hind limbs were cut off. The *soleus* muscle (SOL), the *extensor digitorum longus* muscle (EDL) and the *interossei* toe muscles (IO) were dissected under a stereo-microscope (SMZ 745T, Nikon). For multiphoton microscopy and morphometry studies, relaxed muscles were fixed in TBS with 1% (v/v) non-acidic formaldehyde solution (Carl Roth GmbH, Karlsruhe,

Germany) for at least 72 h at 4 °C. Single fibers from SOL and EDL were obtained through manual tethering. IO single fibers were obtained by enzymatic digestion.

For multicellular biomechanics experiments, small fiber bundles of five single fibers were dissected from the unfixed SOL muscles.

For myofibrillar bundle preparations, SOL muscles from 19 ± 1 week old mice (wt, het, hom) were used.

For single myocyte biomechanics recordings, immortalized (p53-deficient) mouse myoblasts homozygous and heterozygous for the Des^{R349P} mutation and controls carrying the wt desmin were used. Myoblasts were cultured in growth medium.

Nuclear staining protocols and desmin immunofluorescence. Subcellular distribution of desmin in single fibers was visualized by immunofluorescence using a primary desmin antibody (Clone D33, M0760, Dako, Hamburg, Germany). Details are given in the SI.

Second Harmonic Generation (SHG) and multiphoton fluorescence (MPF) imaging. Single fibers (SOL, EDL, IO) were imaged using an ultra-fast high-performance multifocal multiphoton microscope (TriMScope II, LaVision BioTec, Bielefeld, Germany). A mode-locked ps-pulsed Ti:Sa laser (Chameleon Vision II, Coherent, Santa Clara, CA, USA) tuned to 800 nm was used to simultaneously excite the *Second Harmonic Generation* (SHG) signal of myosin and the respective fluorescent signals. Details are given in the SI.

Image processing and morphometric analysis of SHG and MPF data. An automated image processing algorithm written in MATLAB (MathWorks, Natick, MA, USA), based on a boundary tensor was used for morphometric analysis of 3D SHG images. Details and parameters of the algorithm are given in refs 45, 46 and 47 and in the SI.

SDS PAGE analysis of myosin heavy chain distributions in *soleus* **muscle homogenates.** MHC I distribution over MHC II was obtained by SDS PAGE separation of myosin heavy chain isoforms from *soleus* muscle homogenates. Details are given in the SI. MHC I and MHC II (IIa, IIb not further distinguished) were set to 100% and MHC I signal densities expressed as fraction of MHC I + II.

Assessment of active and passive biomechanics in small fiber bundles. SOL fiber bundles were subjected to active and passive force recordings involving caffeine-induced Ca^{2+} -release-mediated force transients, pCa-force recordings, steady-state resting length-tension curves and quick stretch-force response curves. For details, refer to the SI.

Myofibrillar bundle biomechanics. Force measurements in isolated myofibrillar bundles from SOL muscles were performed in relaxing solution^{48,49}. Details are given in the SI.

Magnetic tweezer compliance recordings in single myoblasts. For compliance recordings of immortalized wt, het, and hom R349P cultured myoblasts, a magnetic tweezer device was used as described previously²⁷. Details are given in the SI.

Statistical analysis. For single fiber morphometry data, one-way ANOVA (Sigma Plot, Systat Software, Erkrath) was applied on the three genotypes (wt, het and hom), followed by post-hoc analysis with Bonferroni correction. p < 0.05 was considered significant (*) and p < 0.01 highly significant (**). Normality of data was tested using the Shapiro–Wilk test. Data are presented as box plots (median value: line, quartiles: whiskers 5–95 percentiles, minimum/maximum values: x, mean: rectangle). For biomechanics data, one-way ANOVA tests were applied followed by Bonferroni correction or Student's two-sided unpaired t-test. Biomechanics data are presented as mean \pm SEM with number of observations, n.

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Author Contributions

Conceptualization: S.D., B.F., G.P., C.S.C., R.S., O.F.; Methodology: S.D., B.R., A.B., S.S., W.G., B.F., R.St., G.P., L.W., C.S.C., O.F.; Software: M.H., A.B., S.S.; Validation: S.D., J.I., B.R., M.S., W.G., B.F., F.E., R.St., L.W., C.S.C., R.S., H.H., O.F.; Formal analysis: S.D., M.S., F.E., O.F.; Investigation: S.D., J.I., K.V., M.H., C.P., B.R., M.S., F.E., L.W.; Resources: B.F., G.P., C.S.C., R.S., O.F.; Writing - original draft preparation: S.D., M.S., F.E., R.S., O.F.; Writing - review and editing: S.D., W.G., B.F., R.St., G.P., C.S.C., H.H., R.S., O.F.; Visualization: S.D., M.S., F.E., O.F.; Supervision: R.S., O.F.; Project administration: R.S., O.F.; Funding acquisition: W.G., B.F., G.P., C.S.C., L.W., R.S., O.F.

Additional Information

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Supplemental Information

Early signs of architectural and biomechanical failure

in isolated myofibers and immortalized myoblasts

from desmin-mutant knock-in mice

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R349P desmin knock-in mice

In this disease model, in which the expression of the mutant desmin is controlled by the endogenous gene regulation sites, the het and hom mice develop phenotypes that correspond to the autosomal-dominant and -recessive human desminopathies, respectively. As controls, wild-type (hereafter termed wt) littermates were used. All animal-related work was performed in accordance with the German Animal Welfare Act (Tierschutzgesetz) as well as the German Regulation for the protection of animals used other for experimental purposes scientific purposes (Tierschutzor Versuchstierverordnung). The investigations were approved by the governmental Office for Animal Care and Use (Regierung von Mittelfranken, 91511 Ansbach, Germany; reference number TS-14/2015). All applicable international, national, and institutional guidelines for the care and use of animals were followed. Mice were 17 - 23 weeks of age.

Small fiber bundles, single muscle fiber, and myofibrillar bundle preparations

After inhalation anesthesia with isoflurane, mice were killed by cervical dislocation. The tail tip was stored at -20 °C for genotyping. The hind limbs were cut off and immersed in Ringer solution (Ri; in mM: NaCl, 145, Hepes, 10, glucose, 10, KCl, 5, CaCl₂, 2.5, MgCl₂, 1, pH 7.4), and the *soleus* muscle (SOL), the *extensor digitorum longus* muscle (EDL) and the *interossei* toe muscles (IO) were dissected under a stereo-microscope (SMZ 745T, Nikon). SOL and EDL were pinned under slight stretch to elastomer-coated culture dishes (Sylgard 184, Dow Corning), and solution was exchanged to a 'high K⁺⁺-relaxing solution (HKS, in mM: K-glutamate, 140, Hepes, 10, glucose, 10, MgCl₂, 10, EGTA, 1, pH 7.0) for 30 min at 4 °C. For multiphoton microscopy and morphometry

studies, the relaxed muscles were chemically fixed in TBS with 1 % (v/v) non-acidic formaldehyde solution (Carl Roth GmbH, Karlsruhe, Germany) for at least 72 h at 4 °C. Single fibers from SOL and EDL were obtained through manual tethering using fine forceps. Small pieces of sticky tape were used to attach each single fiber to grease strips in the recording chamber filled with TBS prior to multiphoton imaging. The fixation procedure increased the stability of the muscle fibers and preserved their ultrastructure for SHG imaging. The preparation of fixed single fibers showed markedly less preparation-induced and time-dependent structural artifacts due to chemical decomposition by autolysis than native single fiber preparations.

IO single fibers were obtained by enzymatic digestion. The muscles were incubated in Ri supplemented with 0.5 mg/ml collagenase (type IA; Sigma-Aldrich, Taufkirchen, Germany) for 45 min at 37 °C. The enzymatic digestion was stopped by washing with Ri at RT, and the IO fibers were gently isolated by trituration using fire-polished Pasteur pipettes. IO single fibers were transferred to a recording chamber, and 1 % formaldehyde was added to the muscle suspension.

For multicellular biomechanics experiments, small fiber bundles of five single fibers were dissected from the unfixed SOL muscles in HKS solution. We restricted our biomechanical experiments to the SOL muscle as it showed the most prominent morphological pathology in R349P desmin knock-in mice ²¹. Fiber bundles were mounted between a force transducer pin (KG7, Scientific Instruments, Heidelberg, Germany) and a software-controlled voice coil actuator (SMAC CAL12-010-51BSA, Ispringen, Germany). The bundle preparation was then lowered into a rack of serially arranged wells containing different sets of internal solutions for relaxing the bundles or activating SR Ca²⁺-release-induced force (see below). The dwell time and well identifiers were controlled with LabView. An automated set of biomechanical recordings on the same preparation was then started, consisting of sequential runs of (i) caffeine-induced Ca²⁺-release dependent force transients, (ii) pCa-force curves, (iii) passive resting length – tension curves, and (iv) fast stretch steps (details see below).

For myofibrillar bundle preparations, SOL muscles from 19 ± 1 week old mice (wt, het, hom) were used. To dissolve all membranous structures, muscles were covered with an ice-cold solution containing 0.5 % Triton-X100, 5 mM K-phosphate, 5 mM potassium azide, 2 mM Mg-acetate, 5 mM K₂EGTA, 3 mM Na₂ATP and 47 mM potassium creatine phosphate (pH 7.0), cut into thin strips and incubated at 0 °C. After 1 h, the solution was replaced by an identical solution without Triton and stored for up to 48 h at 0 °C. Immediately before the experiment, the muscle strips were homogenized at 0 °C for 5 s at maximum speed with a blender (Ultra-Turrax T25, Janke & Kunkel, Staufen, Germany).

For single myocyte biomechanics recordings, immortalized (p53-deficient) mouse myoblasts homozygous and heterozygous for the Des^{R349P} mutation and controls carrying the wt desmin were used. Myoblasts were cultured in growth medium.

Nuclear staining protocols and desmin immunofluorescence

Fixed single fibres (SOL, EDL, IO) were incubated in Ringer's solution (Ri) supplemented with 10 µM Hoechst 33342 nucleic acid stain (PK-CA707-40047, PromoCell) for 2 h at RT with a final washing procedure. The subcellular distribution of desmin in the fixed single fibres was visualized by immunofluorescence using a primary desmin antibody (Clone D33, M0760, Dako, Hamburg, Germany). To reduce background signals, the fibers were treated three times with 0.1 M glycine (3908.2, Carl

Roth GmbH + Co KG, Karlsruhe, Germany) in TBS for 5 min. After washing in TBS for 10 min, the fibers were permeabilized using 0.25 % Tween 20-TBS (9127.1, Carl Roth) solution for 20 min. Blocking was performed with 5 % bovine serum albumin (BSA A7030, Sigma-Aldrich) in TBS for 1 h at RT. The desmin antibody was incubated 1:200 in 5 % BSA-TBS shaking overnight at 4 °C. After washing, the secondary antibody Alexa Fluor 594 $F(ab^{2})_{2}$ fragment (A11020, Molecular Probes Life Technologies) was added at 1:10,000 in 5 % BSA-TBS for 1 h followed by a three times 10 min washing step.

Second Harmonic Generation (SHG) and multiphoton fluorescence (MPF) imaging

The recorded images had a size of 150 x 150 µm and consisted of 1072 x 1072 pixels. Two scans of each pixel at 600 Hz were averaged to increase the signal-to-noise ratio. The average laser power at the sample was around 16 mW, and pulse duration was around 2 ps, with a repetition rate of approximately 80 MHz. A symmetric transmitted light configuration of two water immersion objectives was used for detection. On the excitation side (backscattered, descanned), an LD C-Apochromat lens (40x/1.1/UV-VIS-IR/WD 0.62, Carl Zeiss, Jena, Germany), and on the transmission side (forward scattered, non-descanned), a W Plan-Apochromat lens (20x/1.0/(UV)VIS-IR/WD 1.88/DIC M27 75mm, Carl Zeiss) were used. A 377/50 nm BrightLine single band pass filter (FF01-377/50-25, Semrock Inc., Rochester, New York, USA) was inserted to block the incident laser beam. The SHG signal was detected by an ultrasensitive, nondescanned transmission photo multiplier tube (PMT) (H 7422-40 LV 5M, Hamamatsu Photonics). Single fibers were z-scanned using a 0.5 µm step size at a software magnification of x3 to detect verniers (voxel-size: $0.139 \times 0.139 \times 0.500 \mu m^3$) and to derive cosine angle sums. Multiphoton excited fluorescence (MPF) of the nuclei and desmin were detected as backward scattered signals simultaneously to the forward scattered SHG signal at 400 nm. The nuclear signal at 460 nm and the desmin signal at 620 nm were separated using an ultra-flat laser dichroic mirror with single band wavelength range from 450 nm to 597 nm (ZT594RDC, 229225, Chroma Technology group, Acal BFi Germany GmbH, Gröbenzell).

Generation of R349P desmin knock-in immortalized skeletal muscle cell cultures

Soleus (SOL) muscles from an 8-week-old mouse were enzymatically dissociated in 6 ml enzyme solution (0.2 % collagenase I, (Gibco), in DMEM) for 1.5 – 2 h at 37° C with gentle agitation. The digested tissue was poured into a 55 mm cell culture dish containing 6 ml pre-warmed DMEM, and single muscle fibers were released by gentle trituration with a Pasteur pipette. Cell culture dishes and glass pipettes were pre-flushed with 10 % horse serum in DMEM. Once 20 - 30 intact fibers were separated, the muscle bulk was transferred to a fresh dish. The previous dish, containing separated fibers and debris, was stored in the incubator at 37° C and 5 % CO₂. The fiber separation cycle was repeated until sufficient numbers of fibers had been dissociated from the muscle. The intact muscle fibers were then separated from the debris by transferring them in a Pasteur pipette to a dish coated with Matrigel (BD Biosciences; diluted 1:100 in DMEM). The plated fibers were allowed to settle and attach for 3 min to the Matrigel substrate, and then 1 ml plating medium (DMEM containing 10 % horse serum and 0.5 % chick embryo extract) was slowly added to each dish. Plates were returned to the incubator at 37° C and 5 % CO₂ for 24 h. Myoblasts were split, pre-plated on uncoated culture dishes for up to 2 h (to remove contaminating fibroblasts, performed at every splitting procedure), and finally cultivated in Ham's F10 medium supplemented with 20 % FCS,

2.5 ng/ml basic fibroblast growth factor (bFGF, Promega), and 1 % penicillin/streptomycin on collagen-coated (0.01 % collagen in PBS) culture dishes. Immortalized myoblast cell lines with passage numbers of up to 40 were used for experiments.

Image processing and morphometric analysis of SHG and MPF data

Y-shaped deviations from the sarcomere pattern in a z-stack of SHG images were defined as *verniers* ²³. The density of *verniers* (VD) ⁴⁶ was weighted according to the single fiber area per slice (a_i) and was presented as weighted number of *verniers* within a total area (A) of 100 µm². The normalized VD was given by:

$$\overline{VD} = \frac{\sum_{i} a_{i} VD_{i}}{\sum_{i} a_{i}} = \frac{\sum_{i} a_{i} VD_{i}}{A}$$

The *cosine angle sum* (CAS) ²⁴ was used as a direct measure for the coherency and structural integrity of single fibers, i.e. reflecting the degree of local angular deviation of myofibrillar bundles from the main trunk axis ⁴⁵. The CAS was calculated as weighted mean according to the fiber area of all slices of a z-stack (Ω) by using $|\Omega|$ as number of pixels representing the surface of the fiber, $\Phi(x,y)$ as local direction, and the median [$\Phi(x,y)$] as the main direction of the fiber:

$$CAS = \frac{1}{|\Omega|} \sum_{(x,y) \in \Omega} \cos\{\phi(x,y) - median [\phi(x,y)]\}$$

The two- and three-channel (SHG, Hoechst and Alexa Fluor 594) z-stacks were displayed with Fiji based on ImageJ (National Institutes of Health, Bethesda, MD, USA). The segmentation operation by thresholding extracted the nucleus volume (NV) and myosin volume (MV) by counting the segmented voxels (nHoechst, nSHG). Using these parameters, the nuclear-myosin-quotient (NMQ) was calculated as:

$$NMQ = \frac{NV}{MV} = \frac{nHoechst}{nSHG}$$

The corresponding biomotoric efficiency (BE) was derived from NMQ as described before as NMV ⁴⁷. The nuclear density and the 3D morphology of the nuclei was analyzed using IMARIS software (Bitplane AG, Zurich, Switzerland). The number of nuclei per fiber volume (nuclear density), the volume per nucleus (µm³), and the nucleus sphericity in single fibers were calculated using the Surpass view – contour surface menu of IMARIS.

SDS PAGE analysis of myosin heavy chain distributions in soleus muscle homogenates.

Myosin heavy chain isoforms (MHC) in whole muscle homogenates of frozen SOL muscle samples were electrophoretically separated on 8 % acrylamide separation gels containing 32 % glycerol (3783.1, Carl Roth GmbH, Karlsruhe, Germany), 200 mM Tris (pH 8.8) 100 mM glycine, 0.4% SDS, 0.1% APS (9592.3, Carl Roth) and 0.05% TEMED (2367.1, Carl Roth). Stacking gels consisted of 32% glycerol, 6% AA, 70 mM Tris (pH 6.8), 4 mM EDTA, 0.4 % SDS, 0.1 % APS and 0.05 % TEMED. After loading 10 µg of SOL homogenate in 2-fold loading dye onto the gels, 1 mM DTT (6908.2, Carl Roth) was added to the inner running buffer and run at 90 V for 20 min and then at 165 V for around 6 h at 4 °C. After overnight staining at RT with Roti Blue staining solution, gels were imaged with the Fusion-FX7-Spectra system and analysed with the Fiji gel analyser tool. MHC isoforms were analysed as in ³⁷.

Assessment of active and passive biomechanics in small fiber bundles

Soleus fiber bundles were subjected to a series of active and passive force recordings. After attaching a bundle to the force transducer and voice coil actuator pin, the preparation was chemically permeabilized in high relaxing (HR) solution containing (mM): Hepes 30, Mg(OH)₂ 6.25, EGTA 30, Na₂ATP 8, Na₂CP (creatine phosphate) 10, pH 7.2, supplemented with 0.1 % (w/v) saponin for 90 s. HR was always used after steps where Ca²⁺ was released from the SR by means of caffeine (release solution, RS: low relaxing solution (LR, mM: Hepes 30, Mg(OH)₂ 7.86, C₅H₈KNO₄ 87.7, HDTA 6.6, EGTA 0.4, Na₂ATP 8, Na₂CP 10, pH 7.2) and 30 mM caffeine) or following maximum activation at a pCa of 4.92 in highly activating solution (HA, mM: Hepes 30, Mg(OH)₂ 6.05, EGTA 30, CaCO₃ 29, Na₂ATP 8, Na₂CP 10, pH 7.2). The SR was loaded in a controlled manner by incubation in an internal solution containing ~200 nM free Ca²⁺ for defined times. Ca²⁺-sensitivity of the contractile apparatus (pCa-force) was assessed by immersing the preparation in various HR:HA mixtures with known pCa and recording force until steady-state levels were reached. Passive force properties comprised of guasi-static resting length-tension curves and fast 'stretch jumps'. For the former, the bundles were kept in LR solution at resting length L_0 (~2 mm), and the voice coil actuator was set to a constant translation speed away from the force transducer pin (velocity: 0.44 µm/s). Passive restoration force was continuously recorded, and resting length-tension curves were transformed from the time-force curves using the known extension velocity. The restoration force at 140 % L₀ was analyzed for each bundle as a measure for steady-state compliance at that extension. Passive visco-elastic bundle behaviour was assessed with fast 'stretch jump' protocols. Starting from L₀, bundles were immediately stretched in 10 % bins at very fast velocity and kept for 5 s at the new length before proceeding to the next extension. The force response consisted of an instantaneous restoration force followed by an exponential relaxation to a steady-state force level F_{ss} at the given stretch bin. For analysis, the peak restoration force F_R , the difference between F_R and F_{ss} , ΔF , and the time constant of exponential relaxation τ_{relax} were determined in each bundle.

Myofibrillar bundle biomechanics

Force measurements in isolated myofibrillar bundles were performed in relaxing solution (pCa 8) containing 3 mM K₄Cl₂EGTA, 10 mM imidazole, 1 mM K₂Cl₂Na₂MgATP, 3 mM MgCl₂, 47.7 mM Na₂CrP, 2 mM DTT, pH 7.0 at 10 °C using the experimental setup described in 45,46 . Thin subcellular myofibrillar bundles (diameters of $3 - 4 \mu m$) were mounted between the tip of an atomic force cantilever and the tip of a length-driving stiff tungsten needle. After mounting, the slack sarcomere length, the overall slack length L₀, and the diameter of the bundles were determined. To determine the relation of the passive steady-state tension versus the sarcomere length, the bundles were rapidly stretched by moving the tungsten needle with a piezo motor using variable length steps with sizes of 8 %-multiples of L₀. After stretch, an image of the bundle was taken using an ORCA-ER camera (Hamamatsu, Hamamatsu Photonics, Germany) and 60x objective (60x/0.70 Ph2 LCPlanFl, Olympus) for evaluating the actual sarcomere length using the software Aquacosmos (Hamamatsu Photonics). After holding the bundle for 12 s at stretched length, the bundle was rapidly slackened to determine its passive force from the drop of force to zero. Passive tension was calculated by normalizing passive force to the cross-sectional area and then plotted against the actual sarcomere length.

Magnetic tweezer compliance recordings in single myoblasts

For each experiment, 8 x 10⁴ myoblasts were seeded overnight in a culture dish. 30 min before experiments, cells were incubated with fibronectin-coated paramagnetic beads of 4.5 µm diameter (Invitrogen). A magnetic field was generated using a solenoid with a needle-shaped core (HyMu80 alloy, Carpenter, Reading, PA). The needle tip was placed at a distance of 20 – 30 µm from a bead bound to the cell using a motorized micromanipulator (Injectman NI-2, Eppendorf). During measurements, bright-field images were taken by a CCD-camera (ORCAER, Hamamatsu) at a rate of 40 fps. The bead position was tracked using an intensity-weighted center-of-mass algorithm. Measurements on multiple beads per well were performed at 37 °C for 1 h, using a heated microscope stage on an inverted microscope at 40x magnification (NA 0.6) under bright-field illumination. The bead displacement (d) after a step increase of the force (F; 10 nN for 3 s to fibronectin-coated superparamagnetic beads attached to integrin receptors on the surface of myoblasts) followed a power law with time (t). The cell's lateral compliance J_0 , which is inversely proportional to its stiffness, was determined from the creep response I(t) of the cells by fitting the displacement with the typical

power law response $J(t) = \frac{J_0}{F} \cdot \left(\frac{t}{t_0}\right)^{\beta}$, where $t_0 = 1s$.